

DEREK DONALD

Family / Social History

Address 13 St Peters Lane, Stilwell, Brigstow BW3

Mr Donald lives alone at 17 St Peters Lane. He was born in 1960 and left school at the earliest opportunity to join the army. He was discharged in 1988 and later joined the prison service as a prison officer. He now lives in a small 2 bedroomed terraced house, built in 1885. The house opens directly onto St Peters Lane an increasingly busy rat run used by commuters to avoid some of the notorious traffic jams involved in getting into central Brigstow. The main railway line crosses the road on a large bridge some 80m from his house. A convenience store is just down the road and several 'take away fast food shops' are nearby.

He was originally from Newcastle and has a brother and a sister who still live there, but he has had little contact with them for many years. His father had served in the army before him but died in 2001 from lung cancer. His mother is still alive and lives independently on her own, aged 74 (d.o.b. 1934). Derek had a short lived and stormy marriage whilst in the army before his wife left him with their 2 year old daughter in 1987. He has had no contact with his ex-wife or daughter since. He remarried in 1995 but this marriage also failed when his second wife left him because of his heavy drinking and violent outbursts. She also had a 3 year old son when she left in 2000. Since then he has had a few casual relationships but lives alone and is not in any relationship at present, relying on an extensive collection of pornography for his sexual pleasures.

His diet is poor consisting of convenience food and 'take aways'. He smokes 20 to 30/day and drinks several cans of lager and cider every night. He also gets through 2-3 bottles of vodka each week. He has been cautioned by his supervisor for going into work with the smell of alcohol on his breath and interviewed by the Prison Governor about the allegations of reporting for duty under the influence of alcohol. In 2006 he was handed a final written warning and told he may lose his job if there is a repeat alcohol related offence. He lost his driving licence in 2007 as a result of a drink driving conviction and relies on buses to get across town to the gaol where he works.

He watches TV a lot and goes to the George pub on Spring Road most nights. He has recently started accepting bribes from prisoners for smuggling mobile phones and drugs into the gaol, as he needs the money. His financial problems relate to legal action against him by the Child Support Agency for unpaid maintenance and failure to keep up his mortgage payments. He was blasé about all this as he thought he would lose his job soon anyway as the Prison Governor had it in for him, so he might as well make a 'bit on the side' while he can.

In 2008 he did lose his job after refusing a breathalyser at work and being verbally abusive towards senior managers. He also lost his house as the bank repossessed the property due to non-payment of the mortgage, making him homeless.

Medical Records Derek Donald

Significant Past Medical History

1985 Hepatitis B x 3 and antibody check
1985 Marital break down
1993 Head injury and facial lacerations
1998 Marital break down
1998 Abnormal liver function tests
2000 Heartburn
2003 Fractured ribs and Pneumonia
2005 Endoscopy : Gastritis

Current Medications

Omeprazole 20 mgs daily

Recent Consultations

(NB Most recent last i.e.#7)

Consultation 1

Problem: Infected wound

History: Laceration to hand, involved in pub brawl 3 days ago. Painful, leaking and swollen 5 cms knife wound on left hand.

Exam: Infected wound : red, inflamed, pus visible swab taken
Smells of alcohol – claims to have had heavy drinking session previous night, denies any problem Advised regarding expired alcohol via lungs and to avoid driving as may be over limit.

Plan: Flucloxacillin 250mgs

Dressing applied and review arranged for 3 days.

Did not attend follow up appointment.

Consultation 2

Problem: Heartburn

History: Epigastric pain for last 2 days. Nauseous and unable to eat. Has tried 'Rennies' with no relief.

Smokes 20/day Diet high in fats and sugar Alcohol 30 units/week

Exam: Tender over epigastric area. Temperature 37.2 Pulse 100

Blood Pressure 160/100

Plan: Routine bloods FBC/LFT/LIPIDS/Helicobacter Pylori

Omeprazole 20mgs for one month then review

Blood Results

FBC		Units	Normal
HB	14.6	g/DL	13-17
RBCs	4.54	10x12/L	4.5-55
Haematocrit			40-50
MCV	100	fL	80-100
MCH	32.1	Pg	27-32
MCHC	35.8	g/dL	31-35
RBC distribution width		fL	11.6-14
WBCs	5.3	10x9/L	3.4-11
Neutrophil count	3.50	10x9/L	1.8-7.7
Lymphocyte count	1.30	10x9/L	1.5-4
Platelet count	287	10x9/L	140-400
Mean platelet volume		fL	9-17
Monocyte count	0.30	10x9/L	0.3-1.4
Eosinophil count	0.10	10x9/L	0.1-0.4
Basophil count	0.00	10x9/L	<0.1

Renal Profile			
Sodium	139	mmol/L	135-145
Potassium	4.9	mmol/L	3.5-5.3
Urea	5.4	mmol/L	2.5-7.0
Creatinine	79	umol/L	62-115
Liver profile			
Bilirubin	16	umol/L	<17
Protein	72	g/L	63-82
Albumin	36	g/L	35-52
Alk Phos	91	iu/L	40-120
ALT	30	iu/L	0-50
AST	32	iu/L	0-42
Gamma GT	186	Iu/L	<60
Glucose level			
	6.5	mmol/L	3.5-6.0

H Pylori NEGATIVE

Lipid profile	
Total cholesterol	6.8 mmol/L

HDL	1.21 mmol/L
LDL	
Triglycerides	4.9 mmol/L
TC:HDL ratio	5.8 mmol/L

Consultation 3 :

Problem: Follow up appointment

History: Abusive/smelling of alcohol demanding to be seen immediately despite attending 2 hours late.

Carrying bottle of vodka which he continues to drink in the surgery. Can't remember what his 'problem is'.

Plan: Advised to leave the surgery and return for appointment in evening surgery. Did not attend appointment.

Consultation 4 :

Problem: Heartburn and acid reflux

History: Recurrence of heartburn which he had 6 weeks ago and did not follow up or respond to letter informing him of blood test results. Nausea and vomiting. Pyrexial.

Exam: Refused!

Plan: Recent blood tests discussed - denies any problem and does not want to change lifestyle regarding diet, alcohol intake or smoking habit. Refer for endoscopy.

Gastritis identified and treated with Omeprazole 20mgs daily.

Consultation 5 :

Problem: Health Check

History: Has had final written warning from work due to being under influence of alcohol at work and advised to attend surgery. Recently lost his driving licence for drink driving conviction. Does not really want to attend and has no intention of changing his lifestyle.

Exam: Blood pressure 170/110 Pulse 100 bpm Resps 24 rpm

BMI 22 Smokes 20-30 day Alcohol 30-40 units/week

Diet – eats canteen food and take aways

Refuses to have blood tests and leaves the surgery shouting abuse

Consultation 6 :

Problem: Chest infection

History: Has had chesty cough with brown phlegm for last 2 weeks.

Tired, hot and breathless. Has had to reduce cigarettes to 20/day but still drinking heavily 50/60 units/week

Exam: Temperature 38 Pulse 108 bpm Resps 30rpm

Chest exam bilateral basal creps

Plan: Amoxicillin 500mgs

Review blood tests

FBC		Units	Normal
HB	12.2	g/DL	13-17
RBCs	4.12	10x12/L	4.5-55
Haematocrit			40-50
MCV	110	fL	80-100
MCH	28.4	Pg	27-32
MCHC	31	g/dL	31-35
RBC distribution width		fL	11.6-14
WBCs	9.7	10x9/L	3.4-11
Neutrophil count	7.8	10x9/L	1.8-7.7
Lymphocyte count	1.00	10x9/L	1.5-4
Platelet count	388	10x9/L	140-400
Mean platelet volume		fL	9-17
Monocyte count	0.40	10x9/L	0.3-1.4
Eosinophil count	0.20	10x9/L	0.1-0.4
Basophil count	0.10	10x9/L	<0.1

Renal Profile			
Sodium	138	mmol/L	135-145
Potassium	5.1	mmol/L	3.5-5.3
Urea	5.9	mmol/L	2.5-7.0
Creatinine	110	umol/L	62-115
Liver profile			
Bilirubin	20	umol/L	<17
Protein	71	g/L	63-82
Albumin	33	g/L	35-52
Alk Phos	130	iu/L	40-120
ALT	64	iu/L	0-50
AST	59	iu/L	0-42
Gamma GT	337	iu/L	<60
Glucose level			
	4.2	mmol/L	3.5-6.0

Consultation 7

Problem: Wants a sick note

History: Suspended from work due to refusing a breathalyser, now wants a sick note as his union advised him to get a sick note stating he has an alcohol problem. He claims this will help his disciplinary hearing. He denied any alcohol problem, became very agitated and walked out midway through hx taking.

Exam: Not carried out as patient walked out.